

Angels Cheer & Dance Academy ATHLETE Code of Conduct

ACDA's athletes are held to a high standard of behaviour. Our goal is to surround ourselves with positive athletes who strive to reach both the teams' goals and their own personal goals. Parents/Guardians, please read through the following obligations with your athlete explaining each one. Both a Parent/Guardian and Athlete need to initial each requirement.

1. I will not use inappropriate language or participate in inappropriate behaviour. I will not participate in illegal consumption of tobacco, alcohol or drugs. I understand that all of my actions both inside and outside the gym are a reflection of ACDA and should model good behaviour.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**
2. I understand that this is a full, one year COMMITMENT and that a team is depending on me to fulfil my responsibilities as a team member. I will be committed to my coaches, my teammates and myself striving to reach both the team's goals and my personal goals. I commit to work with every team member and coach.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**
3. I will come to practice with appositve ATTITUDE, and I will follow the instructions given by all ACDA coaches and will work hard to achieve goals set by these coaches. I realise that a positive attitude is contagious, and I will do my best to influence my teammates in a positive manner.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**
4. I will not disrespect any team member, coach, parent or competitor from ACDA or any other gym for any reason at any time. This includes face-to-face, telephone, text, email and social networking sites.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**
5. I will demonstrate good sportsmanship striving to be a humble winner and a gracious loser.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**
6. I will learn and obey the rules and regulations of ACDA.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**
7. I will wear the scheduled practice clothes to each practice. I understand that it is my responsibility to help my parent/guardian keep up with the schedule and outfits.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**
8. I will arrive at all competitions on time with my uniform, hair and make-up completed to ACDA standards.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**
9. I understand that all material, music, and routines are the property of ACDA and are not to be used for any other purposes including school squads, talent shows, social networking sites, personal web pages and internet video sites.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**
10. I understand that breaking any of the codes of conduct above may result in suspension or dismissal from ACDA.
_____ **Athlete Initials** _____ **Parent/Guardian Initials**

Parent/Guardian Signature: _____ Date: _____

Athlete Signature: _____ Date: _____

THIS IS AN INTERIM DOCUMENT THAT WILL BE ENFORCED UNTIL SEPTEMBER 2009

Angels Cheer & Dance Academy Code of Conduct

PARENT/GUARDIAN

Parents/Guardians are vital in helping their children maintain appropriate standards of behaviour, to fulfil their commitment and to keep a positive attitude. ACDA wants to serve as a partner to the parents helping each athlete these goals, but the primary job must lie with the parents/guardians. Please read this carefully and understand that you are making a commitment of time and financial resources. You are also committing to support our programme's philosophies and goals and to abide by the rules, regulations and behavioural standards of the club. Please initial each obligation.

1. I understand that my actions in the viewing area and at competitions are a reflection of ACDA and should be in keeping with ACDA's rules of conduct. I will be a positive role model for my child and will encourage sportsmanship by showing respect and courtesy to ACDA coaches, other parents, competitors and ACDA athletes. I will demonstrate positive support for all athletes, coaches, spectators and parents at every practice and competition.
_____ **Parent/Guardian Initials**
2. I am aware that this is a one year COMMITMENT and will do everything in my ability to enable my child to participate in all practices, camps, retreats and competitions throughout this season. I understand that a team is depending on my child to fulfil his/her responsibilities as a team member. I will do all that is necessary to get my child to practice on time and assure that he/she does not leave practice early. I will do all that is necessary to ensure that my child will behave according to the rules and regulations of ACDA.
_____ **Parent/Guardian Initials**
3. I will maintain a positive ATTITUDE by remembering that children participate in cheerleading and dance to have fun and that the sport is for children, not adults.
_____ **Parent/Guardian Initials**
4. I will teach my child that doing one's best is more important than winning, so that my child will not feel defeated by the outcome of a competition or his or her performance. I will encourage my child to be a humble winner and a gracious loser.
_____ **Parent/Guardian Initials**
5. I will respect the coaches and their authority during practices and competitions and will not question, discuss or confront coaches during a practice or a competition, nor will I pull my child out of practice without communicating with the coach. I will take the time to speak with the coaches at an agreed upon time and place.
_____ **Parent/Guardian Initials**
6. If I am notified that my child is involved in any matter of disrespect towards any ACDA staff member, volunteer or student, I will resolve this problem with my child immediately. I agree to support ACDA coaches in their decision in disciplinary or conduct matters.
_____ **Parent/Guardian Initials**
7. I understand that my child must wear the proper practice outfit that is scheduled for any specific day and will support this requirement with my child. If my child loses any part of their practice clothes, I understand that I must purchase a replacement immediately.
_____ **Parent/Guardian Initials**
8. I fully understand that the coaches reserve the right to suspend my child's participation indefinitely in practice or competition (which may include losing positions and/or deposits or competition fees paid) as a disciplinary action if any of the rules, policies, or codes of conduct is not adhered to.
_____ **Parent/Guardian Initials**
9. I will attend parent meetings, read e-mails, letters and check the website to retrieve information that ACDA has prepared.
_____ **Parent/Guardian Initials**

I have read over the ACDA code of conduct with my athlete, understand what is expected of my athlete and will ensure my child's adherence to these matters.

Parent/Guardian Signature: _____

Date: _____

THIS IS AN INTERIM DOCUMENT THAT WILL BE ENFORCED UNTIL SEPTEMBER 2009